

Medical Day Spa & Cosmetic Services



Better Skin for a Better Life™



SUNFLOWER
dermatology & medical day spa



Having healthy skin is as important as having any healthy body part. In fact, your skin is your body's largest organ, and for it to perform its functions properly, your skin needs to be cared for properly.

Not everyone recognizes, or understands, the benefits of taking care of their skin, so over time skin often becomes damaged. And, because skin damage is not always visible to the naked eye, many think there's nothing wrong with their skin, simply because they can't see anything wrong. Unfortunately this is not always the case.

When thinking about the health of your skin, don't limit thoughts to freckles, or any type of natural pigmentation, because unhealthy skin can include blemishes, wrinkles, rashes, acne, and even dry and/or cracked skin. And please don't neglect your skin, even if you think it's healthy and doesn't appear to need additional care. All of us need be aware of our skin, and use appropriate products to protect our skin.

Many things can be done to eliminate wrinkles and blemishes, and improve the overall tone of your skin. A cleanser and moisturizer appropriate for your skin type, and sunscreen, are just a few examples of products that are vital for healthy skin. Sure, skin care products can help you achieve healthier, younger looking skin, but they're also essential when it comes to protecting your body against diseases, and infections.

Sunflower Dermatology offers a comprehensive approach toward healthy and beautiful skin. In fact we believe better skin contributes to a better life. Dr. Matthys, our on-staff Dermatologist, offers expert advice and performs many medical and cosmetic procedures; our highly trained and experienced aesthetician likewise performs many esthetic treatments; all in a comfortable, private, beautiful environment.

At Sunflower Dermatology, we also believe skin care products used at home are just as important as the treatments we offer at our Medical Day Spa. So we take pride in educating our patients, and customizing treatments and regimens specifically for each individual.

Whether you're seeking to make a change in the appearance of your skin, want to know more about the health of your skin, or wish to be proactive and properly maintain your skin, know that Sunflower Dermatology offers the expertise, products, and skin treatments that will be perfect for you. We are dedicated to helping you achieve the skin you have always wanted. We are dedicated to helping you have **Better Skin for a Better Life.**[™]



Sunflower Dermatology Medical Day Spa and Cosmetic Services

Chemical Peels

Chemical exfoliation is an extremely effective procedure for treating acne; hyper-pigmentation; and fine lines and wrinkles. Our aesthetician will evaluate your skin type, and conditions, and choose the appropriate peel for you. You'll experience the most effective results by scheduling a series of treatments—all chemical peel series include a before and after picture to help you track results.

Salicylic/Glycolic Acid Peel Phase 1\$80

This treatment combats acne and congestion; reduces fine lines and wrinkles; and diminishes hyperpigmentation. It's the perfect treatment for your first peel, or the first in your peel series.

Salicylic/Glycolic Acid Peel Phase 2\$95

Following your Phase 1 experience, your aesthetician will recommend when to proceed with Phase 2.

Salicylic/Glycolic Acid Peel Package (Series of 5)\$450

To achieve the best results, progress with a series of chemical peels at various strengths/percentages.

Vitalize Peel

This blend of alpha hydroxy acids is extremely effective in repairing sun damage. It also helps improve skin texture, and tone, and contributes to a more radiant, beautiful glow.

Individual\$130

Series of 3 treatments\$300

For best results and \$90.00 savings!

Ultra Peel\$225

This treatment consists of a Microdermabrasion treatment, which removes dead skin cells on the surface of your skin, followed by a Vitalize peel, which leads to more aggressive results and less peeling.

Waxing

Eyebrow.....	\$15
Upper Lip.....	\$10
Chin.....	\$10
Cheeks.....	\$15
Full Face.....	\$40
Bikini.....	\$30

Back	
• Full.....	\$50
• Half.....	\$30
Legs	
• Full.....	\$60
• Half.....	\$40

Facials

Facials play a vital role toward healthier, rejuvenated skin. Regular facial treatments will identify specific facial conditions and enable us to help you improve your skin texture, tone, and overall appearance.

All facials performed by Sunflower Dermatology include:

- Personal skin analysis
- Product recommendations
- At home care consultation
- Your choice of a relaxing massage

Deep Pore Cleansing Facial\$70

Give your skin the "deep clean" it needs. Restore balance and purify your skin with cleansing, thorough exfoliation, extractions, and a mask suitable for your skin type.

Anti-Aging Firming Facial\$75

Experience instant gratification. This facial includes a cleansing massage, thorough exfoliation, extractions, anti-aging mask, and finishing products that will leave your skin firm and glowing.

Medical Grade Microdermabrasion

This non-invasive procedure deeply exfoliates and refines your skin's surface with minimal discomfort and little downtime. It is suitable for all skin types and can help you achieve noticeable improvements by addressing fine lines, uneven skin texture, and enlarged pores, leaving your skin brighter, smoother, and more youthful looking.

Individual Treatment.....\$125

Series of 5 Treatments\$525

For best results and \$100 savings

Add-on Facial Services...

Eye Rescue Treatment\$15

By reducing the negative effects of the environment, stress, and irritation, your eyes will begin to look brighter. A blend of specialty products will be used to rehydrate, and treat puffiness, fine lines, and dark circles.

Neck and Décolleté Treatment.....\$20

Address the often-neglected extension of your face by nourishing this delicate area, leaving it soft and smooth.

Lip Treatment\$10

Rehydrate your lips with a treatment of exfoliation, lip mask, and hydrating finishing products.

Product Offerings Include:

Latisse®
(bimatoprost ophthalmic solution) 0.03%

GLYTONE

DERMAdoctor®

SKINCEUTICALS®

REVISION®
SKINCARE

glōminerals®

Cosmetics

The secret to makeup that helps you look your best includes first finding colors that compliment your taste, and then using proper application techniques. Each cosmetic session at Sunflower Dermatology includes a complimentary makeup consultation and a "how-to lesson" to help you recreate your look whenever you want, wherever you are.

Full makeup application and lessonFree with minimum \$50 purchase
Touch-ups Complimentary

Additional Cosmetic Services...

Botox®

Botox treats the wrinkling of frown muscles, forehead lines and the small lines on the side of your eyes by temporarily relaxing muscles associated with facial expressions. This procedure is the number one cosmetic procedure in the world, and is one of the most effective treatments for wrinkling, and lines of the upper face. It is performed by Dr. Matthys in our office. Injections are given into the muscles. They are slightly uncomfortable, and can produce some stinging, but they are not usually considered painful. Some bruising may result. Results are visible a few days after the injections and reach maximum effectiveness within 7-10 days. Results usually last approximately 3-4 months. The facial appearance is improved by a decrease in wrinkle lines, and lines formed on patients that have a scowling expression.

Cosmetic Mole Removal

Some patients wish to remove moles they feel are unsightly, or perhaps that simply "bother" them. At Sunflower Dermatology we use a local anesthetic to numb the area before surgically removing the mole. Patients leave with a small bandage, and instructions on how to care for the area so that the best cosmetic results are achieved. Because the removal is not a medical necessity, insurance will not cover the procedure. Costs vary and are determined by the size and location of the mole(s). This easy procedure can often be done during a regular office visit.

Cosmetic Fillers

Dr. Matthys offers expertise with such cosmetic fillers as Radiesse®, Restylane® and JUVÉDERM®. These products "fill in" wrinkles; improve acne scarring; aid in lip and cheek augmentation; and, by adding volume to your hands, can make them look years younger. They are individualized for each patient.

Fraxel® re:store™ Laser Treatment

Fraxel® re:store is a revolutionary laser treatment that gives you a more youthful appearance while minimizing the impact on your daily routine. Fraxel will improve your skin texture and tone by removing unwanted wrinkles, acne scars, sun spots and discoloration, including melasma, also known as "the mask of pregnancy." Commonly performed on the face, neck, chest, and hands, Fraxel is also the best procedure to use to minimize the appearance of stretch marks and displeasing surgical scars. Your repaired (re:stored) skin will reveal results you can see and feel." Dr. Matthys offers a free consultation, so please visit Sunflower Dermatology to see how Fraxel can help lessen your everyday stress and give you a more youthful appearance.

Sclerotherapy

Dr. Matthys will inject a salt solution into spider veins, typically on your legs, though it can be done elsewhere. Prior to treatment, patients must not be "tan," due to decreased visibility of the veins. Patients may need multiple treatments to achieve improvement of spider veins. Some patients experience a slight burning sensation upon receiving the injection and side effects can include pigmentation around the injection sites, telangiectatic matting, and, rarely, non-healing sores at the injection site.

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Monday 9:00 a.m. - 6:00 p.m.
Tuesday 8:30 a.m. - 4:30 p.m.
Wednesday 8:00 a.m. - 4:00 p.m.
Thursday 8:00 a.m. - 1:00 p.m.
Friday 7:00 a.m. - 1:00 p.m.



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Learn more at www.sunflowerdermatology.com.

To find out about specials, follow Sunflower Dermatology on Twitter (@sunflowerderm) and become a fan on Facebook.

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Medical Services • Cosmetic Services
Dermatology Products • Cosmeceutical Products